

Contact

You will find us on the campus of the Vivantes Auguste-Viktoria-Klinikum, House 30, 4th floor

Rubensstrasse 125, 12247 Berlin

Postal address:

BA Steglitz-Zehlendorf von Berlin
Gesundheitsamt, 14160 Berlin

Email / Internet: www.steglitz-zehlendorf.de/gesundheitsamt

phone number: 90299 - 1701

fax number 90299 - 1715

Free consultation sessions (without appointment):

Monday 9.00am - 12.00pm

Wednesday 2.30pm - 6.00pm

Thursday 9.00am - 12.00pm

**Further consultation times
by prior telephone
appointment**

There is always at least one employee from every profession present at our free consultation sessions, offering you rapid contact.

We strongly recommend that you make an appointment if you require an intensive interview, medical examination or more extensive social and psychological

Zentrum für Familienplanung

Centre for Family Planning

Rubensstrasse 125, 12247 Berlin

counselling.

Public transport:

S 1 Feuerbachstr., then take buses X76, M76

S 2 Priesterweg, then take buses X76, M76, 170, 246

S 41/42/46 / U 4 Innsbrucker Platz, then take bus 187

U 9 Walther-Schreiber-Platz, then take buses X76, M76

U 9 / S 1 Rathaus Steglitz, then take bus 170

Bus stops:

▮ 246 Brüggemannstrasse

▮ 187 Auguste-Viktoria-Klinikum

▮ X76/M76 Cranachstrasse

▮ 170 Insulaner



Steglitz-Zehlendorf District Office, Berlin
- Public Health Department -

Dear Citizens,

Our Service Centre provides integrated medical, social and psychological counselling and assistance covering the following issues:

- Family planning
- Pregnancy
- Contraception
- Conflicts during pregnancy
- Partnership
- Sexuality

A multidisciplinary team is at your service. You will find:

- Gynaecologist
- Social workers
- Psychologists
- Doctor's assistants
- Administrative clerks

All employees are bound by an obligation of medical confidentiality.

All consultations and examinations are free of charge and do not require a health insurance certificate (Krankenschein).

Family Planning

- Reimbursement of costs for contraceptives for persons on low income (supporting documents must be provided)
- Advice regarding questions about contraception and regarding contraception methods
- Insertion of IUDs and implants, prescription of the "morning-after" pill for eligible women etc.
- Gynaecological examinations and prescription of contraceptives for women without health insurance

Pregnancy

- Counselling and assistance for expectant mothers and fathers as regards medical, legal, economic and social issues (e.g. applications to the Family Assistance Foundation (Stiftung Hilfe für die Familie))
- Medical care and examination of women without health insurance based on maternity guidelines, in particular where medical risks are involved
- Medical and psychosocial counselling for prenatal diagnostics and aftercare
- Information about prenatal classes

Counselling in Conflicts during Pregnancy

- Determining pregnancy, medical examinations and counselling, where required
- Counselling in conflict situations
- Counselling under Section 218 et seq. of the German Criminal Code and issue of certificate regarding legally required counselling
- Information about financial issues, e.g. about public assistance
- Counselling on abortion methods and the costs system
- After-care

Counselling for Individuals and Couples

- Partnership conflicts and marriage crises
- Conflicts during separation
- Crises and conflicts during pregnancy and after a child is born

Sex education

- Consultation session for individuals and small groups
- Preventive measures
- Multiplier training